



Lunch menu

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Cube steak Lima beans Broccoli Corn muffin Fruit cup Beverage</p>	<p>2</p> <p>Baked chicken with mushroom gravy Turnip greens Green beans Rice pilaf Applesauce Beverage</p>	<p>3</p> <p>Cheeseburger Potato wedges Lettuce/tomato/onions Mustard/mayo Pear cobbler Beverage</p>	<p>4</p> <p>Tuna salad on lettuce and tomato Pasta salad Cole slaw Crackers Yogurt Beverage</p>	<p>5</p> <p>Beef stroganoff with noodles Sliced carrots Green beans Diced peaches Beverage</p>
<p>8</p> <p>Chicken fettuccini Sautéed vegetables Tossed salad with dressing Baked apples Beverage</p>	<p>9</p> <p>Salisbury Steak English peas Pickled beets Rice Cookie Beverage</p>	<p>10</p> <p>Chicken pot pie Steamed broccoli Squash medley Orange Beverage</p>	<p>11</p> <p>Baked chicken with gravy Cabbage Red beans and rice Pineapple tidbits Beverage</p>	<p>12</p> <p>Meatloaf with gravy Mashed potatoes Cabbage Fresh fruit Beverage</p>
<p>15</p> <p>Stir-fry chicken with peppers Broccoli Steamed rice Peach cobbler Beverage</p>	<p>16</p> <p>Lemon baked fish Stewed tomatoes Grits Cole slaw Baked apples Beverage</p>	<p>17</p> <p>Spaghetti w/meat sauce Sliced carrots Green beans Garlic bread Fresh fruit Beverage</p>	<p>18</p> <p>Barbeque chicken English peas Yellow squash Whole wheat roll Fresh fruit Beverage</p>	<p>19</p> <p>Smoked sausage with peppers and onions Black-eyed peas Cabbage Yellow rice Oatmeal cream cookie Beverage</p>
<p>22</p> <p>Chipped barbeque chicken sandwich Potato wedges Cole slaw Spiced apples Beverage</p>	<p>23</p> <p>Chicken and dumplings Green beans Sliced carrots Carrot cake Beverage</p>	<p>24</p> <p>Pot roast with carrots and potatoes English peas Okra and Tomatoes Whole wheat roll Gelatin with fruit Beverage</p>	<p>25</p> <p>Turkey and cheese sandwich Pasta salad Three-bean salad Mayo and mustard Fresh fruit Beverage</p>	<p>26</p> <p>Creole baked fish Cabbage Spanish red rice Peach cobbler Beverage</p>
<p>29</p> <p>Cube steak Lima beans Broccoli Corn muffin Fruit cup Beverage</p>	<p>30</p> <p>Baked chicken with mushroom gravy Turnip greens Green beans Rice pilaf Applesauce Beverage</p>	<p>31</p> <p>Cheeseburger Potato wedges Lettuce/tomato/onions Mustard/mayo Pear cobbler Beverage</p>		

*Menu subject to market availability

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