



# Lunch menu

## June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		Baked chicken with mushroom gravy Collard greens Okra and tomatoes Steamed rice Oatmeal cream cookie Beverage <b>1</b>	Lemon baked fish Stewed tomatoes Cole slaw Grits Tartar sauce Pineapple tidbits Beverage <b>2</b>	Cube steak with gravy Mashed potatoes Green beans Diced pears Beverage <b>3</b>
Spaghetti w/meat sauce <b>6</b> Sliced carrots Whole and creamed corn Garlic bread Orange Beverage	Barbeque chicken <b>7</b> Cucumber salad Green beans Macaroni and cheese Fresh fruit Beverage	Creole baked fish <b>8</b> Cabbage Spanish red rice Peach cobbler Beverage	Pot roast with carrots and potatoes <b>9</b> English peas Squash medley Steamed rice Carrot cake Beverage	Baked chicken with fricassee sauce <b>10</b> Butter beans Turnip greens Rice pilaf Applesauce Beverage
Chipped barbeque chicken sandwich <b>13</b> English peas Cole slaw Spiced apples Beverage	Pork chop with gravy <b>14</b> Black-eyed peas Collard greens Whole wheat roll Margarine Gelatin with fruit Beverage	Beef stroganoff with noodles <b>15</b> Sliced carrots Green beans Pear cobbler Beverage	Tuna salad <b>16</b> Lettuce and tomato Carrot raisin salad Crackers Yogurt Beverage	Meatballs with gravy <b>17</b> Mashed potatoes Squash casserole Whole wheat roll Diced peaches Beverage
Baked ziti <b>20</b> Steamed broccoli Yellow squash and onions Fruit cocktail Beverage	Oven-baked chicken <b>21</b> Yam patties Zucchini & yellow squash Whole wheat roll Fresh fruit Beverage	Spaghetti w/meat sauce <b>22</b> Sliced carrots Broccoli with cheese Garlic bread Pudding Beverage	Chicken Salad <b>23</b> Three-bean salad Hoagie roll Lettuce and tomato Fruit cup Beverage	Smoked sausage with peppers and onions <b>24</b> Black-eyed peas Cabbage Yellow rice Banana Beverage
Chicken pot pie <b>27</b> Steamed broccoli Yellow squash Fruit cup Beverage	Barbeque pork chop <b>28</b> Potato salad Baked beans Whole wheat roll Apple cobbler Beverage	Baked chicken with mushroom gravy <b>29</b> Collard greens Okra and tomatoes Steamed rice Oatmeal cream cookie Beverage	Lemon baked fish <b>30</b> Stewed tomatoes Cole slaw Grits Tartar sauce Pineapple tidbits Beverage	

\*Menu subject to market availability

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