



Lunch menu

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Dumplings 3 Green beans Sliced sweet carrots Gelatin with fruit Milk	Turkey and cheese 4 Whole wheat bread Potato salad Lettuce, tomato, mayo Fruit cocktail Milk	Baked Chicken with 5 fricassee sauce Collard greens Okra and tomatoes Yellow rice Orange Milk	Smoked Sausage with 6 peppers and onions Cole slaw Potato wedges Whole-wheat roll Pear and apple cobbler Milk	Spaghetti & meat sauce 7 Broccoli with cheese Baby carrots Garlic bread Yogurt Milk
Parmesan crusted fish 10 Steamed cabbage Whole baby carrots Spanish red rice Chocolate pudding Milk	Cube steak with 11 gravy Mashed potatoes English peas Pound cake Milk	Chicken fingers 12 Cucumber salad Green beans Macaroni and cheese Applesauce Milk	Barbeque pulled pork 13 Scalloped potatoes Zucchini squash Whole wheat roll Fresh fruit Milk	Baked chicken breast 14 with gravy Butter beans Tossed salad w/ dressing Apple cobbler Milk
Beef stroganoff 17 English peas Harvard beets Pineapple tidbits Milk	Pot roast with 18 carrots and onions Rice Collard Greens Cornbread muffin Gelatin with fruit Milk	Chicken tetrazzini 19 with noodles Sweet carrots Steamed broccoli Oatmeal cream cookie Milk	Spaghetti with meat 20 sauce Yellow squash Green beans Garlic bread Orange Milk	Tuna salad 21 Lettuce and tomato Carrot-raisin salad Crackers Yogurt Milk
Barbeque pulled pork 24 Scalloped potatoes Lima beans Whole wheat roll Gelatin with fruit Milk	Ranch baked chicken 25 Yam patties Green beans Fresh fruit Milk	Lemon baked fish 26 Okra and tomatoes Cole slaw Grits Tartar sauce Pineapple tidbits Milk	Chicken filet 27 Vegetable medley Bun with mayonnaise Lettuce and tomato Baked apples Milk	Salisbury steak with 28 mushroom gravy Black-eyed peas Cabbage Brown rice Diced peaches Milk
Baked ziti 31 Steamed broccoli Yellow squash and onions Fruit cocktail Beverage				

*Menu subject to market availability

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