



Lunch Menu November 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| Salisbury steak with mushrooms Collard greens Squash casserole Whole-wheat roll Fresh fruit Beverage 2 | Chicken sandwich with lettuce and tomato Vegetable medley Whole-wheat bread Diced peaches Beverage 3 | Beef hotdog with ketchup and mustard Potato wedges Cole slaw Hotdog bun Oatmeal cream cookie Beverage 4 | Ranch baked chicken Turnip greens Baby carrots Cornbread muffin Banana Beverage 5 | Pork chop with mushroom gravy Green beans Tossed salad with Italian dressing Apple cobbler Beverage 6 |
| Cube steak with gravy Mashed potatoes Broccoli with cheese Whole-wheat roll Diced peaches Beverage 9 | Chicken fingers Mixed vegetables California pasta salad Apple cobbler Beverage 10 | Beef stroganoff Green beans Tossed salad with Italian dressing Yogurt with fruit Beverage 11 | Pot roast with carrots and potatoes Cabbage Speckled butter beans Rice Fresh fruit Beverage 12 | Shana's creole fish Vegetable medley Sautéed spinach Hawaiian roll Gelatin Beverage 13 |
| Ranch baked chicken Squash casserole Lima beans Whole-wheat roll Banana pudding Beverage 16 | Salmon croquette Okra and tomatoes Grits Tartar sauce Pineapple delight Beverage 17 | Chili with beans Cabbage Sweet carrots Cornbread muffin Oatmeal cream cookie Beverage 18 | Spaghetti with meat sauce Green beans Tossed Italian salad Garlic bread Banana pudding Beverage 19 | Barbeque chicken Collard greens Cole slaw Yellow rice "Surprise" cobbler Beverage 20 |
| Homemade chicken and dumplings Sliced carrots Zucchini Fruit cup Beverage 23 | Pot roast with onions and baby carrots Green beans Mashed potatoes Fresh fruit Beverage 24 | Oven baked ham Black-eyed peas Sweet carrots Corn muffin Gelatin with fruit Beverage 25 | Baked turkey Cornbread dressing with giblet gravy Cranberry sauce Yam patty Collard greens Ambrosia Beverage 26 | Baked turkey Cornbread dressing with giblet gravy Cranberry sauce Yam patty Collard greens Ambrosia Beverage 27 |
| Salisbury steak with mushrooms Collard greens Squash casserole Whole-wheat roll Fresh fruit Beverage 30 | | | | |

*Menu subject to market availability

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