



# Lunch menu

## November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Salisbury steak with mushroom gravy Collard greens Squash casserole Fresh fruit Beverage <p style="text-align: right;"><b>1</b></p>	Baked ham & cheese Whole wheat bread Vegetable soup Mayonnaise Spiced peaches Beverage <p style="text-align: right;"><b>2</b></p>	Beef sausage dog Cole slaw Sweet potato wedges Hotdog bun Mustard, ketchup Apple cobbler Beverage <p style="text-align: right;"><b>3</b></p>	Barbeque chicken Turnip greens Steamed baby carrots Corn muffin w/margarine Banana Beverage <p style="text-align: right;"><b>4</b></p>	Pork chop with gravy Steamed rice Green beans Beets Applesauce Beverage <p style="text-align: right;"><b>5</b></p>
Cube steak with gravy Mashed potatoes Broccoli with cheese Whole wheat roll Diced peaches Beverage <p style="text-align: right;"><b>8</b></p>	Chicken fingers with honey mustard sauce Mixed vegetables Lima beans California pasta salad Yogurt Beverage <p style="text-align: right;"><b>9</b></p>	Chili with beans Sweet baby carrots English peas Cornbread muffin Gelatin with fruit Beverage <p style="text-align: right;"><b>10</b></p>	Pot roast with carrots and potatoes Mustard greens Butter beans Yellow rice Fruit cup Beverage <p style="text-align: right;"><b>11</b></p>	Smoked sausage with peppers and onions Black-eyed peas Cabbage Rice Fig Newton cookies Beverage <p style="text-align: right;"><b>12</b></p>
Fish nuggets Okra and tomatoes Grits Tartar sauce Pineapple tidbits Beverage <p style="text-align: right;"><b>15</b></p>	Barbeque chicken Squash casserole Green beans Whole wheat roll Fresh fruit Beverage <p style="text-align: right;"><b>16</b></p>	Spaghetti with meat sauce Steamed broccoli Garlic bread Banana pudding Beverage <p style="text-align: right;"><b>17</b></p>	Beef hamburger Lettuce, tomato and onion Sweet potato wedges Whole wheat bun Mustard, ketchup, mayo Apple brown betty Beverage <p style="text-align: right;"><b>18</b></p>	Baked chicken with fricassee sauce Collard greens Yellow rice Shana's surprise cobbler Beverage <p style="text-align: right;"><b>19</b></p>
Chicken & dumplings Sliced carrots Steamed broccoli Fruit cup Beverage <p style="text-align: right;"><b>22</b></p>	Pot roast with carrots and onions Green beans Mashed potatoes Fresh fruit Beverage <p style="text-align: right;"><b>23</b></p>	Oven baked ham Black-eyed peas Sweet carrots Corn muffin Gelatin with fruit Beverage <p style="text-align: right;"><b>24</b></p>	Turkey w/giblet gravy Cornbread dressing Cranberry sauce Yam patty Collard Greens Carrot Cake Beverage <p style="text-align: right;"><b>25</b></p>	Turkey w/giblet gravy Cornbread dressing Cranberry sauce Yam patty Collard Greens Carrot Cake Beverage <p style="text-align: right;"><b>26</b></p>
Salisbury steak with mushroom gravy Collard greens Squash casserole Fresh fruit Beverage <p style="text-align: right;"><b>29</b></p>	Baked ham & cheese Whole wheat bread Vegetable soup Mayonnaise Spiced peaches Beverage <p style="text-align: right;"><b>30</b></p>			

\*Menu subject to market availability